

PRACTICES & COMPETITIONS

Practice - Our practices are held every Saturday morning at the **Butler Cubs facility on 113 South McKean St., Butler, PA** based on weekly sign-ups via the Signup Genius App. **Volleyball (VB) is held at 8:00 AM and Basketball (BB) follows at 10:30 AM.**

Tournaments – There are various tournaments held throughout the year that take place in PA, OH, WV, MD and DEL. These tournaments are generally sponsored by other VB or BB organizations and provide a fun but competitive opportunity to get “ready” for States and Nationals. In addition, our organization sponsors annual VB and BB tournaments at Slippery Rock, PA with the BB event serving as a qualifying event for Nationals.

State Games – State Games are held every year in PA with the year before Nationals being a “qualifying” event. Generally, we try to qualify in PA, OH and WV to maximize the number of members who have the opportunity to go to Nationals. Teams must finish in the top 3 for VB and the top 2 for BB to qualify for Nationals.

National Games – National Senior Games are held every 2 years at a different city. Teams and individuals must “qualify” at a State sponsored event in the previous year to be able to participate.

Huntsman Games in St Georges Utah – Huntsman Games are held annually but do not require teams and individuals to qualify in the previous year. However, registration needs to occur early in the year to guarantee a spot. Events are similar to the National Senior Games.

Note: Age Eligibility for States/Nationals/Huntsman games is 50 years old as of 12/31 of the event year

KEY CONTACTS

Nancy Brown – General/Membership
Cell – 412-629-0159
Email – nmbrown2000@yahoo.com

Abby Corbin - Treasurer
Cell – 412-915-6173
Email – jabbyo1@aol.com
Address: 912 Pearce Mill Rd
Wexford, PA 15090
Checks Payable to: **SOWPA**

KEY WEBSITES

SOWPA - www.seniorolympicswpa.weebly.com

PA State Games website –
www.keystonegames.com

National Senior Games website –
www.nsga.com



SENIOR OLYMPICS OF WESTERN PA

SOWPA

VOLLEYBALL & BASKETBALL FOR WOMEN +45

*You are NEVER too old to set another GOAL or
to dream another Dream. - CS Lewis*

WHO WE ARE?

The Senior Olympics of Western Pennsylvania (SOWPA) is non-profit Organization. Our purpose is to promote physical fitness of 45+ women through athletic competition and to provide a structured forum with the goal of qualifying and competing in the State and National Senior games.

The SOWPA was started back in 1998 by Carol McCollough and has been going strong ever since. The group is “governed” by a Board of 9 individuals with designated representatives for volleyball and basketball.

We currently sponsor several women’s basketball and volleyball teams. Additionally, many of our members independently participate in individual sports including track & field and pickleball.

Our teams represent Pennsylvania at athletic events across the nation.

Current Board Members

Nancy Brown – President
 Kim Munns – Secretary
 Abby Corbin – Treasurer
 Patty Swartzlander – Vice-President
 Nancy Graham – Basketball Representative
 Tina Bruns – Basketball Representative
 Tami Barker – Volleyball Representative
 Donna Zukas – Volleyball Representative
 Carol McCollough – Founder/Past President

DUES & MEMBERSHIPS

Membership Level	# Prior Year Fundraisers ≥2		# Prior Year Fundraisers <2	
	VB	BB	VB	BB
Regular ≥50yrs	\$50	\$50	\$125	\$100
Associate <50yrs	\$25	\$25	\$50	\$50
New Regular Members ≥50yrs	\$50 1 st yr	\$50 1 st yr	NA	NA
New Associate <50yrs	\$25 1 st yr	\$25 1 st yr	NA	NA

Note: Membership level after the 1st year based on # of Fundraisers completed

FUNDRAISERS

You will need 2 fundraisers per year to pay the reduced dues

Lottery Calendar Sales - 2-3 per year (Jan/Feb/May); 10 calendars = 1 Fundraiser

Golf Outing in May – work during event

FUNDRAISER CASH BACK

To encourage participation in fundraising which helps us pay for tournament fees, balls, equipment, uniforms, donation to Butler Cubs and other operating expenses you can earn Fundraising Cash-Back based on your level of participation in our fundraising activities.

FUNDRAISING CASH BACK

Payment – based on fundraiser activity tracked during 2-year period between Nationals (e.g. June 2017 to May 2019) and paid every other year following Nationals

Tracking forms are available on-line and are collected each year after the golf tournament (SOWPA website → <http://www.seniorolympicswpa.weebly.com>)

Eligibility – all members who participated in 2 fundraisers per year earn cash back for that year (don’t have to attend Nationals)

Lottery Calendar Sales - credit for each sale over 10 per event

Golf Outing - donate auction and goody bag items, get golf teams, solicit sponsorships, auction items and gift cards

NATIONALS TRAVEL MONEY

Payment level determined by Board based on a review of our current and projected financial position. Eligibility follows:

- Must attend Nationals
- Paid after return from Nationals
- Existing Members – 100% eligible if participated in 2 fundraisers in each of the 2 previous years
- New Members joining during national year would be eligible for a portion of the travel money we pay to those who attend National (paid after we return) if you participate in 2 fundraisers between January and the end of May.